

Cuyamaca College Administrative Services

Can this be recycled?

DO'S

NO MATTER WHERE YOU LIVE, YOU SHOULD BE ABLE TO RECYCLE THESE ITEMS:

aluminum cans, glass bottles, glass jars, empty aerosol cans, paper bags, cereal boxes (with the liner removed), frozen dinner boxes, soda or beer cardboard carrying boxes, newspapers, junk mail, paper (computer or colored), magazines, catalogs, phone books

DON'TS

NO MATTER WHERE YOU LIVE, YOU CAN'T PUT THESE ITEMS IN THE RECYCLING BIN:

batteries (don't put them in the trash - go to earth911.com to find out where to recycle them), pizza boxes contaminated with food, soiled paper plates, plastic bags (grocery or dry cleaner bags can be recycled at most grocery stores), clothing, ceramics, toys, styrofoam

CITY-SPECIFIC RECYCLING RULES:

SAN DIEGO: (single family home) DO'S any plastic bottle or jar — there's no need to look at the recycling number on the bottom—aluminum foil and aluminum trays if they are not contaminated by food

SAN DIEGO: (multifamily dwellings and unincorporated parts of San Diego County)

DO'S any plastic bottle or jar, aluminum foil and aluminum trays if they are not contaminated by food

DON'TS plastic clamshell containers, microwaveable food trays, butter or other plastic dairy tubs, juice boxes, yogurt cups, plastic pots, milk or juice cartons, wax and coated paper

CHULA VISTA: DO'S plastic containers with the recycling number of 1 or 2, including: milk jugs, soda bottles, salad dressing bottles, cooking oil bottles, peanut butter or mayonnaise jars, aspirin bottles, bleach containers, detergent containers, liquid soap or shampoo and conditioner bottles

DON'TS plastic clamshell containers, round dairy tubs, plastic pots, wax paper, microwaveable food trays, any plastic container with the numbers 3 through 7



EL CAJON: DO'S any plastic bottle or jar, milk and juice cartoons, plastic clamshell containers, plastic microwave trays, aluminum foil and aluminum trays if they are not contaminated by food

DON'TS wax and coated paper

CARLSBAD: DO'S any plastic beverage container

DON'TS aluminum foil, butter tubs, microwave dinner trays, plastic clamshell containers, wax or coated paper

Cuyamaca College Administrative Services

Can this be recycled?

The Numbers Game: When it comes to recycling, you need to know your numbers. Most containers are supposed to have a number between 1 and 7, but sometimes it can be difficult to find those pesky numbers. Still, you can usually figure out what type of plastic it is based on the product. If there's no number, then make sure you put the product in the trash. Here is a list of what types of plastics are used for what types of products. Numbers 1-7 can be recycled:



Used for water, soda, juice and shampoo bottles and peanut butter jars.



Used for bleach containers, milk and water jugs, laundry detergent containers and cleaning products.



Used for medicine bottles as well as some plastic squeeze bottles



Used for grocery store bags and plastic wrap



Used for food containers, tubs and plastic squeeze bottles.



Used for Styrofoam containers



Used for 5-gallon water and sport water bottles.

